



INDIA HERITAGE RESEARCH FOUNDATION (IHRF)

ANNUAL REPORT 2022 - 2023

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ABOUT US

India Heritage Research Foundation (IHRF) is a non-profit humanitarian organization dedicated to serving humanity through a diverse range of projects. From education and youth welfare to women's empowerment, environmental protection, disaster relief, and cultural heritage preservation, IHRF works tirelessly to uplift communities and protect sacred traditions. Through its initiatives, IHRF continues to inspire and transform lives, fostering a more compassionate and sustainable world for all.

MISSION

IHRF is committed to:

- Reviving and sustaining India's spiritual and cultural traditions.
- Providing quality education that nurtures values and knowledge.
- Supporting environmental initiatives that align with ancient wisdom and modern sustainability.
- Empowering marginalized communities through education, vocational training, and social welfare programs.

VISION

To create a harmonious world where heritage, education, and sustainability converge to uplift individuals and communities.

OUR OBJECTIVES

To support these objectives, IHRF runs and sponsors free schools, orphanages/gurukuls, **"Clean, Green and Serene"** programs, organic gardening programs, tree plantations, gaushalas/ cow-care programs, a rural development program, wide-scale disaster relief programs and innumerable other humanitarian adjectives.

ACTIVITIES AND IMPACT

IHRF has been instrumental in running and supporting various educational, cultural, environmental, and humanitarian programs across India. Below are key initiatives and thematic areas of service from the year :

WATER, SANITATION, AND SUSTAINABILITY INITIATIVES

The IHRF supported and sustained the Ganga Research Centre and the Water Sanitation Centre to promote water conservation and sanitation education.

Through these centers, several impactful programs and activities were conducted. Most significantly, in January 2023, water conservation training sessions completed in over 100 primary schools across Haridwar and Rishikesh through a WaterSchools Programme.



The initiative facilitated the expansion of water conservation awareness programs in schools and communities, in collaboration with the Global Interfaith WASH Alliance, supported research initiatives on the health of the Ganga River, and implemented clean water accessibility projects, i.e. building toilets and handwashing stations, etc, benefiting marginalized communities.

Furthermore, training workshops were conducted to promote sustainable sanitation practices, ensuring long-term positive impacts on water conservation and public health.

INCLUSIVE EDUCATION AND VAIDIC CULTURE

India Heritage Research Foundation (IHRF) proudly supports the Uttarkashi-based Parmarth Vijay Public School Samiti, a specialized institution dedicated to serving nearly 100 students who are blind. Committed to fostering an inclusive learning environment, this residential school provides tailored educational programs that cater to the unique needs of children with disabilities.

Through adaptive learning methods, personalized instruction, and vocational training, Parmarth Vijay Public School Samiti equips its students with essential life skills, ensuring they develop self-sufficiency, confidence, and independence. By focusing on both academic and practical knowledge, the institution empowers children to overcome challenges and thrive in their communities.

IHRF's support helps sustain and enhance these vital educational initiatives, reinforcing the right of every child to receive quality education, regardless of physical limitations. This partnership reflects IHRF's broader mission to promote inclusivity, equal opportunities, and empowerment for marginalized communities.



Parmarth Vijay Public School, Uttarkashi

IHRF sponsors the **Vishwanath Sanskrit Mahavidyalaya Association**, an esteemed institution dedicated to the preservation and promotion of Sanskrit education and Vedic culture. With more than 300 students, the Vidyalaya blends traditional Sanskrit learning with modern subjects, ensuring a well-rounded education.



Vishwanath Sanskrit Mahavidyalaya, Uttarkashi

India Heritage Research Foundation (IHRF) operates a traditional Gurukul in **Kanvashram**, located in **Kotdwar, Uttarakhand**. This Gurukul serves as a dedicated center for scriptural studies, Yoga, and value-based education, fostering the rich cultural and spiritual heritage of India. It upholds the ancient Gurukul tradition, providing a holistic learning environment where students receive education rooted in discipline, ethics, and wisdom. Currently, the Gurukul is home to approximately 100 students who are guided and mentored by a team of 10 experienced teachers and staff members. Through this initiative, IHRF is committed to preserving and promoting India's time-honored system of education, ensuring that future generations continue to benefit from its profound teachings.



Kanvashram Gurukul, Kotdwar

India Heritage Research Foundation (IHRF) also operates the **Kanya Gurukul in Delhi**, which was established during its first phase in 2022-2023. This Gurukul provides a holistic education to young girls, ensuring that their learning is deeply rooted in Indian values, traditions, and ethics. Beginning with twenty students, the Kanya Gurukul offers an enriching academic environment that blends traditional knowledge with modern educational approaches.

A key focus of this Gurukul is to instill self-discipline and promote sustainable living practices among the students. It integrates environmental awareness into the curriculum, teaching the importance of harmony with nature and responsible living. Through this initiative, IHRF is committed to empowering young girls with wisdom, knowledge, and values that will help them grow into responsible and enlightened individuals.



Kanya Gurukul, Delhi

IN COLLABORATION WITH THE DIVINE SHAKTI FOUNDATION

In collaboration with the Divine Shakti Foundation, IHRF supports multiple educational and vocational training centers in Rishikesh. Including:



- Parmarth Vidya Mandir, dedicated to providing quality education to underprivileged children, equipping them with academic knowledge, moral values, and practical skills.



- » Parmarth Naari Shakti Kendra, a women's empowerment initiative that offers vocational training and skill development, including tailoring, handicrafts, computer literacy, and entrepreneurship courses.



- » Women-led SHGs from Rishikesh, Dehradun, and Haridwar exhibited their handmade products also, promoting local entrepreneurship and self-reliance.



- » Special events advocating for Menstrual Hygiene and Health were also conducted at our centers.



- » The ***Shakti Vikas Kendra***, a free vocational training center located in the heart of Rishikesh. This initiative was specifically designed to provide education, coaching, and skill development opportunities for underprivileged youth from nearby slums and communities. By offering accessible training, the center empowers young individuals with the knowledge and skills needed to improve their livelihoods and create a better future for themselves. The centre was inaugurated in summer of 2022 running until summer of 2023.



The IHRF has actively engaged in various educational, environmental, and social welfare initiatives throughout 2022-2023. These activities reflect IHRF's ongoing commitment to education, sustainability, and social upliftment which it also carried out in partnership with the Divine Shakti Foundation.

ENVIRONMENTAL AND AGRICULTURAL INITIATIVES

IHRF also runs the Najibabad, Dist: Bijnaur, Uttar Pradesh and Ajitpur, Dist: Haridwar, Uttarakhand farms through farmers and sevaks, who are dedicated to organic farming and sustainable agriculture. These farms play a crucial role in nourishing and sustaining the institutions and organizations that IHRF supports, ensuring access to pure, natural, and sattvic food. The cultivation of these lands is deeply rooted in India's cultural heritage, preserving traditional farming techniques that honor the earth, promote self-sufficiency, and uphold the sacred relationship between humanity and nature.

Additionally, the Keshavpriya Gaushala in Rajasthan, supported by IHRF, committed to the protection and care of cows, reinforcing the sacred and ecological significance of Gau Seva.

IHRF and its partners provide grassroots training to rural Himalayan communities around Rishikesh on herbal farming, making it commercially viable, and increasing awareness of organic farming techniques to reduce commercial fertilizer pollutants washing into water bodies, including the Ganga and Yamuna. To enhance green cover, a Rudraksh plantation drive in Uttarkashi saw the planting of four hundred trees. Thousands more were planted in the Himalayan mountains in the Kanwad Mela and monsoon season across schools, parks, etc.

IHRF, in collaboration with various partners, actively promoted environmental protection and awareness through key initiatives.

- A conference on **Ganga cleanliness** (May 26, 2022) was held at Parmarth Niketan, in partnership with IIPA and Namami Gange, emphasized sustaining clean ghats and preserving the river's ecosystem.
- A **cleanliness drive** at Neelkanth Temple (August 5, 2022) tackled plastic waste, reinforcing the importance of maintaining sacred sites.
- On **National Energy Conservation Day** (December 14, 2022), IHRF encouraged sustainable habits like reducing electricity use and carpooling to promote energy efficiency and many other year round activities were conducted to raise awareness.



Pujya Swamiji and Pujya Sadhviji with IIPA and Namami Gange officials attending Conference on protecting Ganga



Cleanliness Drive near Neelkanth Mahadev Temple



Pujya Swamiji talks about Energy Conservation and efficient use of Energy.

MEDICAL CAMPS AND HUMANITARIAN ACTIVITIES

Parmarth Niketan, in collaboration with IHRF and DSF, organized several healthcare and humanitarian initiatives. Key programs included free eye camps, Ayurvedic and Marma therapy camps, homeopathy and Naadi Yoga sessions, and artificial limb distribution.



Free Homeopathy Camp



Free Marma Camp



Free Artificial Limb Distribution Camp



Swamiji distributes spectacles for free



Free Cataract Eye Surgery Camp



Free Health Camp for Kanwad Yatra Pilgrims



Free Dental Camp at Patna village

Over 12,000 pilgrims received medical aid during the Kanwar Mela Camp, while cataract surgeries, blood tests, and ration distribution benefited hundreds across multiple states. Special medical camps in Patna, Delhi, and Uttarakhand provided essential check-ups, focusing on eye care, hygiene, and disability support.

CONCLUSION

Through its diverse educational, cultural, environmental, and humanitarian initiatives, IHRF made a significant impact in 2022-2023, helping individuals and communities through its mission of heritage preservation, education, and sustainability. The foundation remains committed to integrating traditional wisdom with modern education to empower future generations and promote environmental consciousness. As IHRF looks forward, it continues to expand its reach, strengthen existing programs, and serve as a bridge between heritage and progress.

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